

SEEKING AND SOAKING

Memory Verse

Jeremiah 29:13 And you will seek Me and find Me, when you search for Me with all your heart.

Central Thought

When we seek God in prayer, we will always find Him.

Bible Story

Exodus 24-33 The Ark of the Covenant

MEMORY VERSE

Jeremiah 29:13

And you will seek Me and find Me, when you search for Me with all your heart.

Materials: sponges

1. Hide sponges around the room.
2. Choose a child to find all the sponges in the room.
3. Say "hot" or "cold" as the child gets closer or further away from finding the sponges.

God has given us all kinds of clues about what He is like, how much He loves us, etc. in His Word. He wants us to spend our lives looking for Him and finding out all about Him.

GAME

Materials: 1 empty bucket, 1 bucket of water, large sponge, small cup

- Place bucket of water on one end of the room.
- Place the sponge in the empty bucket, on the other end of the room.
- Choose 3-5 children for 2 teams.
- Using the small cup, one at a time children will scoop water, and briskly walk to pour it onto the sponge.
- Child will briskly walk back.
- Next child repeats #4-#5.

MINISTRY OF THE WORD

I. Seeking and Soaking in God's Presence

A. Moses was on the mountain for 40 days and 40 nights, soaking in God's presence.

B. Moses separated himself from other people, so he could listen to every word God said to him.

C. Matthew 4.

1. Jesus was led to the wilderness by the Holy Spirit to seek God.

2. Just like Moses, Jesus soaked in the presence of God for 40 days and 40 nights.

II. Seeking God with our Body

Preparation: Diagram with each position for prayer and its meaning.

A. Our body can seek God, along with our spirit and our voice.

B. We can show God what is in our heart and He will meet us there.

1. **Kneeling** shows God that we are entering into His presence or asking Him for something.

2. **Standing** shows God that we are ready for "marching orders" and that we are waiting for Him to tell us what to do.

3. **Uplifted Hands** show God that we are reaching toward Him in praise or welcoming Him with open arms.

4. **Walking** shows God that we are "on the move" for Him and ready for His directions.

5. **Bowing** shows God that we honor Him and feel humble because He's so good and big and powerful.

6. **Prostrate (lying flat on face or back)** shows God that we are in awe of Him and really want Him to come and be with us.

III. Word Connection

A. Jeremiah 29:13 And you will seek Me and find Me, when you search for Me with all your heart.

B. When we seek God in prayer or in His Word, we will always find Him.

IV. Personal Application

A. Have children to select a "position" to pray, remembering the meaning of the "position."

B. Allow for quiet time for the children to hear and receive from the Lord.

C. Lead children to soak in the presence of God, while remaining quiet and prayerful with their body.